

CORPORATE MEMBERSHIP FOR MALE ONLY AND FEMALE ONLY BOOT CAMPS

Corporate discount: only £30 per mth or £40 off session cards

Separate male and female fitness camps to ensure results. The female camps are designed and delivered by female Personal Trainers for inch loss, toning and improve fitness levels. The male camps are designed and delivered by male Personal Trainers as well as IFFB body builder Sharon Madderson and Lynn Mclachlan. Sessions are designed for muscle building, muscle definition, fat loss and improve fitness levels.

Male only venues at;



Monkton Stadium in Jarrow
Gateshead Stadium
Westoe Rugby ground
Chester le street Riverside
Blyth Beach
Tynemouth Beach
Roker Beach

Female only venues;

Monkton Stadium in Jarrow
Gateshead Stadium
Chester le street
Roker Beach
Seaham
Durham
Washington
Newburn
Prudhoe
Jesmond
Kingston Park
Blyth Beach

Tynemouth Beach

Corporate membership £30 per month for 12mth instead of £39per mth. Use following promo code online; **nlbc300** or click following link; <https://www.fastdd.co.uk/start.php?c=b35055ce6fb261b55374eb44294558a0>

Corporate session cards £60 for 16 sessions instead of £100. Call 07954604684 to buy quoting the following code; **police2**

Venue days & times, before & after pictures and further information available on the website; www.nolippybootcamp.com Book for a free trial session; 07954604684, info@nolippybootcamp.com